

GREATER LONDON SOUTH WEST

Guide to Activities
2015-2016



POWER FLYING



PARAGLIDING



HILL WALKING IN NORTH WALES

Further copies of this guide available from the County website glswscouts.org.uk or feel free to copy

Forward

This Activities Guide for 2015/16 is intended to provide basic information on contacts, facilities and programmes that are provided for GLSW Scouts by GLSW Scouts and others. Some activities can also be adapted for the younger sections and you should contact the relevant activity adviser and section ACC/ADC to see how this can be done.

There are some types of activities listed that require an activity permit. In keeping with most Counties GLSW can only cover the more popular activities with direct support. We can however assist groups find other Scout run events or put you in touch with commercial operators. Where contacts are given then contact details can be found in the GLSW.org.uk website.

The **Activity Clubs** within GLSW Scouts are constituted by both Districts and the County to enable members of the Scout movement to enjoy specific activities in safety with appropriate supervision, viz., air activities, caving, mountaineering, paragliding, shooting, water activities. These clubs organise a variety of events and meetings, from open evening meetings and “taster days”, to more advanced Club events & instruction.

Programmes of events can be found on the County Website glswscouts.org.uk. Some events are affected by external agencies and will be fixed at later dates e.g. flying, and shooting or they may be subject to change due to weather conditions at short notice.

Key **Factsheets** are included for most activities; a complete list and other resource materials, is available from the website: www.scoutbase.org.uk or the Information Centre at Gilwell.

Check-lists for all activities, of issues to be considered are given on page 5.

The **Adventurous Activities Permit Scheme** is intended to ensure the safety of young people undertaking the activities. Also, that those in charge are competent and appropriate to lead. The scheme is described in factsheets FS120100 to FS120104. Permits are only required for certain activities such as caving, archery, hill walking, climbing & abseiling and water activities. Applications for permits should be made on A-D-A-C-T-P-E-R-M-I-T form available on www.scoutbase.org.uk and submitted direct to an assessor for the activity required. The assessor will be able to assess technical competence, using national governing body evidence where appropriate or by practical assessment. The assessment form, with the assessors' recommendation should then be passed to a commissioner, e.g. District Commissioner, who will issue a permit. A similar scheme operates for **Nights-Away** experiences and is described in factsheet FS120800.

If you need advice on any activity, please contact the relevant Adviser or Robin Corti, Assistant County Commissioner (Activities), 99 Constance Road, Twickenham, Middx TW27HX.

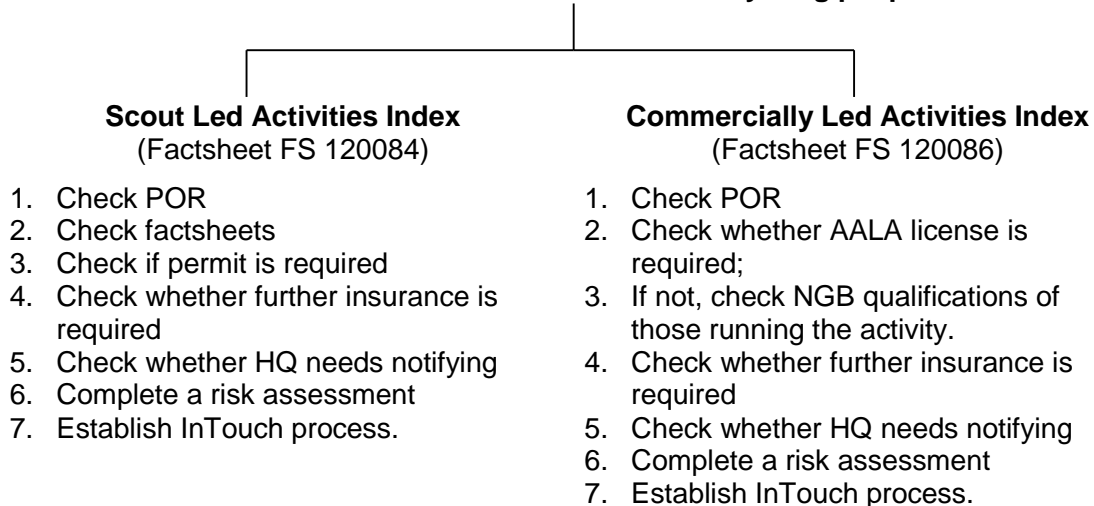
Tel: 0208 898 3451 Email: rob.corti@btinternet.com

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Offering Adventurous Activities

There are many activities that can be provided properly and safely by leaders using their scout leader training and imagination. Adventurous activities (e.g. Caving, Mountaineering and Water) and some others e.g. air activities and shooting, need specialist skills and it is necessary for leaders to carefully consider the process for safety and responsibility. Two useful factsheets – [FS120084](#) & [FS120086](#) will guide you through the stages as below.

How to offer Adventurous Activities to young people



Notes

1. POR (Policy, Organisation and Rules) is the Scout Associations formal rulebook and is available either via the www.scouts.org.uk website or hard copy. Chapter 9 deals with activities
2. A wide variety of factsheets, are available to help with the details of most activities.
 - a. Many activity centres etc. are required to be licensed under the Adventurous Activity Licensing Regulations. They will display their licence on literature or on request.
 - b. Instructors may be required to have National Governing body qualifications, e.g. mountain leader (ML), British Canoe Union (BCU) , Royal Yachting Association (RYA), British Rowing (BR) coaching certificates.
 - c. If any clause in the contract that a professional provider asks you to sign contains an indemnity clause that affects their responsibility, check that it is satisfactory with the HQ Legal or Activities sections.

InTouch

Whenever any activity or event is run within Scouting it is a requirement that an InTouch system is in place.

This is to ensure that:

- Everyone involved is aware of how communication will take place between Leaders, participants and those not on the event,
- There are details of who is present should anything go wrong, and there is a system in place in the event of an emergency.

The procedures put in place to ensure this are likely to vary at different types of events due to the differing circumstances and needs. To facilitate InTouch; a factsheet [FS120075](#) outlines the process to ensure that everyone involved is aware of how communication will take place, between Leaders, participants and those not on the event.

Risk Assessments

- Step 1** Look for the hazards
- Step 2** Decide who might be harmed
- Step 3** Identify the precautions and set in place appropriate control measures
- Step 4** Consider contingencies
- Step 5** Review your assessment and revise if necessary

Use the standard Risk assessment form as shown in FS120000
 Other useful factsheets: [FS120085](#) Adventurous Activities Abroad;
[FS120087](#) Adult Groups in Adventurous Activities;

**AIR ACTIVITIES
 (Flying, Gliding, Parascending)**

Adviser: Currently we have no air activity adviser. Direct all enquiries to ACC Activities, Robin Corti, 020 8898 3451 or rob.corti@btinternet.com , who arranges all bookings for powered flights



Number	Factsheets
FS120702	Access to Airfields Rules and guidance about being on an airfield
FS120704	Aircraft Recognition List A list of aircraft to assist with the Airmanship Badges

Flying

The GLSW can offer many types of flying experiences for Scouts, Explorers and Scout Network.

Air Experience Flying:

Powered flights will take place currently from Stapleford Aerodrome near Gilwell Park in Essex but during the year consideration may be given to flying from more local airfields. They are generally for scouts aged 10½ years and above. The cost is around £35 for a light aircraft flight of 20 minutes or £40 for a sightseeing trip over London. As a County we have negotiated a special rate but it is dependant on the following:

The planes currently used are Piper Seneca twin engine planes that have 6 seats including the pilot. We have to pay for all 5 passenger seats irrespective of their use.

Each flight must have a leader on board and there is an overall weight restriction of 45 stone or 286 Kg total passenger weight. In practice this is not a problem but there may be a need to select people for individual flights to keep within this limit.

It is possible to take young people from several different groups on a single flight, thereby having the advantage that only a single leader is necessary.

Cancellations are possible at short notice if the weather conditions are adverse but we will rebook you on the next available flights

Powered flying is really not suitable for Beavers and Cubs as they cannot see out of the planes windows and not recommended in terms of the progressive training scheme, so young.

In a similar manner it may not be suitable for young people or adults with certain illnesses or disabilities as there are no stewards available on the flights to deal with problems if they arose other than the pilot, who has the priority of piloting the aircraft safely. In these circumstances please contact the ACC Activities who can enquire of the Flying Centre.

As we have to deal with a commercial flight centre, cancellations can be difficult and a non-returnable deposit may be required

Gliding: Hopefully we will be in a position to offer gliding from an airfield in the south of England in the future if there is a demand for it. Gliding is a more satisfying air activity as the young people are in a one to one situation with the pilot and can take control at times during the flight. The downside is that the tuition is on a one to one basis and this greatly reduces the number of people that can be handled in a group on the same day.

Badge Courses: At present the County do not offer badge courses but we can put you in touch with local air scout Groups that may be able to help you

Paragliding: GLSW run a Joint Paragliding course with Surrey County It is currently the only Scout one left in the Country. It is possible to fly commercially but this will be far expensive.



Adviser and Chief Flying Instructor:

Stuart Short: 49 Leander Road, Thornton Heath, CR7 6JY.
Tel: 020 8684 4421. Email: glswsurreyspc@aol.com

GLSW and SURREY Paragliding Club

Bookings Secretary: , **Richard Featherstone, Flat 14 Threshers Court, Beech Lane, Carterton, Oxfordshire OX18 1FR**

Tel: 07801 655860 Email: richard.featherstone@sky.com

FS120705	Paragliding Information on paragliding activities
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ARCHERY

County Adviser: Currently we have one archery adviser, Andrew Bowman and 3 archery assessors, Mike Pain, Louise Preedy and Mark Roberts.

Contact details can be found in the County directory, located in the County website

There are archery ranges and full sets of equipment (targets, bows, arrows etc) at Bentley Copse and Walton Firs camp sites. The wardens for each site will be pleased to give you details of costs and of how to book an introductory session for a party, with qualified instruction. Alternative sites are available subject to location and availability, please contact county adviser for further information. Subject to demand, Leader Training courses for GNAS (Grand National Archery Society) qualifications may be arranged at Bentley Copse. Check with Graham or Julie for details. (Tel: 01483 202424; Email: warden@bentleycopse.fsnet.co.uk)

Number	Factsheet
FS120406	<i>Archery Amplification of the rules of the Association giving suggested layout for an archery range</i>

BANDS



County Adviser: We are currently without a band adviser but guidance can be sought from either of the bands at 1st Hook or Kingston and Malden S&G.

Under the current rules it is now necessary for bands performing in public to be assessed beforehand.

Number	Factsheets
FS120212	Starting a Scout Band Help on starting a Scout Band
FS120213	Guidelines for Scout Bands Highlights the maintaining of standards and provides assistance to Commissioners and Advisers

CAMPING

Number	Factsheets
BR732001	National, County and District Camp Site Directory
	UK Scout Campsite Directory – is available on line at URL: http://www.scoutbase.org.uk/cgi-bin/camping/db.cgi?db=camping&uid=default
FS120075	InTouch An explanation of the In Touch system
FS120800	Nights Away Permit Scheme
	Also available via the Nights Away web page: http://www.scoutbase.org.uk/ps/nightsaway/
FS120082	Nights Away Information Form Parent/Guardian consent form including health details.
FS120083	Family Camps Support information on the organisation of family camps
FORMNAN	Nights Away Notification

CAVING

County Adviser / Assessor:

We currently do not have a County Caving Adviser.



Number	Factsheets
FS120451	Caving Information on caving activities

Caving is a great adventure, for young people and leaders, providing that it is controlled correctly and safety. It allows exploration in dark, damp and perhaps a little frightening places. It develops, teamwork and mutual support in difficult places, it also presents an opportunity to understand the fragile world underground and a need for conservation.

Beyond Surrey, there is the opportunity for trips to any of the major UK caving regions (Mendip, South Wales, Peak District & Yorkshire), but with the exception of the Mendips these will require an overnight stay. Advice can be given about suitable accommodation (both indoor and campsites) along with the availability, cost of instructors and equipment.

There are mines in Surrey that in the past have been used for caving, however the latest rules require all mines to be professionally surveyed by a qualified mine surveyor and a report issued.

However for taster sessions the 89th Reading has underneath its HQ a large flint mine that has been surveyed and is available for use by others. The HQ also has a climbing wall and Groups can book all day sessions there.

For more details about any of the above trips, contact the ACC Activities.

Caving Permits

The Adventurous Activity Permit Scheme applies for caving activities; see the Forward to this booklet. Applications for permits to lead Scout parties into caves or mines, should be made on the Application for an Adventurous Activity Permit form (ADACTPERMIT). Available from the Support & Resources pages on www.scouts.org.uk or from The Scout Information Centre at Gilwell Park. The completed forms should be sent direct to your chosen Assessor, who will also try to answer any queries. GLSW currently does not have any qualified caving assessors so the Activities Office at Gilwell should be approached for possible assessors outside of GLSW. After an assessment has been completed the 'Responsible Commissioner' (normally your District Commissioner) will check the suitability of the candidate and issue a permit.

CLIMBING AND ABSEILING

Our climbing adviser is: Ian Tomblason

Our climbing assessors are: Ron Welbrook, Alan Kemp, Andrew Tink, Bob Lewis and Phil Price.

Contact details can be found in the County directory in the County website.

County would be pleased to run courses to order, on climbing and/or abseiling at different levels. A permanent climbing wall is available at Bentley Copse. And also at 89th Reading Scout Group, which also has caving facilities.

The Adventurous Activity Permit Scheme applies for climbing/abseiling - see the Forward to this booklet. Applications for permits should be made on the Application for an Adventurous Activity Permit form, ADACTPERMIT available from the website www.scoutbase.org.uk / Programme support / Activities or from The Scout Information Centre at Gilwell Park. The completed forms should be sent direct to an Assessor.

Number	Factsheets
FS120452	Climbing (Single Pitch)
FS120200	Climbing Walls (Scaffold) Basic help in the building of a tower from scaffolding
FS120411	Care, Inspection and Storage of Climbing Equipment

DUKE OF EDINBURGH AWARD

County Adviser: Paul Seward.

The scout programme facilitates a very close liaison with the Duke of Edinburgh Award. The most fruitful method of achieving the Explorer and Network Scout awards are by engaging in the DoE scheme and adding the few extra items thus:-

- Chief Scouts Platinum Award
= DoE Bronze + scout membership + 6 nights away + 2 activities;
- Chief Scouts Diamond Award
= DoE Silver + scout membership + 12 nights away + 2 further activities;
- Queens Scout Award
= DoE Gold + scout membership + 18 nights away + 2 further activities;

See the DoE webpage www.edofe.org and the Scout programme for further details.

The DoE Award may be achieved either

- Entirely through Surrey Scouts using the Scout Association as an operating authority.
- Entirely through an operating authority such as Surrey County Council via schools, colleges, other centres.
- Through a mixture of these.

To find out how to get started, consult the district's own DoE Advisers if one is in place or the county adviser Mark Taylor or county leader. The county adviser can supply resource materials, and the Welcome Pack. Mark will be pleased to visit any district and provide general advice.

Number	Factsheets
FS120301	The Duke of Edinburgh's Award. General information on the Award Scheme
FS120303	The D of E Award - Volunteering Details of the Service Section
FS120304	The D of E Award - Expedition Section Support material for the expedition section
FS120305	The D of E Award - Skills and Physical Requirements for the awards

MOUNTAINEERING (HILL WALKING):

County Adviser/Assessor: Ian Tombleson

Our Hillwalking assessors are: Bob Lewis, Ron Wellbrook and Phil Price.

Number	Factsheets
FS120087	Adult Groups in Adventurous Activities Guidance for groups wholly aged 18 and over, participating in adventurous activities
FS120409	Route Plan
FS120415	Mountaineering with Scouts - The Vital Culture Guidance for Members undertaking activities

Number	Factsheets
AC120913	Hill walking Terrain 1 Summer
AC120914	Hill walking Terrain 2 Summer
AC120915	Hill walking Terrain 1 Winter
AC120916	Hill walking Terrain 2 Winter
AC120920	Mountain Biking in Terrain 1 & 2, Summer and Winter Conditions

Hillwalking activity permits Permits

The Adventurous Activity Permit Scheme applies to Hill Walking and Mountain Biking - see the Foreword to this booklet. Applications for permits should generally be made on the Application for an Adventurous Activity Permit form, [ADACTPERMIT](#) available from the web site www.scoutbase.org.uk / Programme support / Activities or from The Scout Information Centre at Gilwell Park. The completed forms should be sent to the County Assessor for Mountain Activities (or to another hill walking assessor) and an assessment will be arranged. On completion of an assessment, the DC will check candidate's suitability and issue a permit.

Persons leading parties in Terrains One or Two (see definitions below) will require a formal permit. Terrain Zero does not require any formal permit though general expedition/activity requirements apply.

To gain or renew a permit an assessment is always required. This may be a paper exercise, or a practical assessment. For a new permit you will either need, to hold the relevant National Governing Body (NGB) Qualification or do a practical

assessment. To renew a permit the assessment would normally be a paper exercise based on your logbook but a practical re-assessment could be required.

The relevant NGB Qualification depends on the terrain you wish to walk in. For Terrain 1, this is "Walking Group Leader (WGL)" and for Terrain 2, this is "Mountain Leader (ML)". Check with ACC (Activities) for possibilities of grant aid for all Leader Training Courses.

The following rough guide indicates that demanding hiking can be undertaken to suit all needs. Full definitions are given in POR (see rules 9.26 to 9.32).

Terrain Zero – Any area under 500 metres and within 30 minutes walk of a road or habitation. This applies to most of southern England.

Terrain One – Any area over 500 but under 800 metres high that can be accessed without any resort to scrambling and is within 3 hrs of a road or habitation. This terrain occurs on Dartmoor, Peak district and parts of Snowdonia, the Lake District and Scotland.

Terrain Two – Any area over 800 metres and/or that an element of scrambling may be required. This terrain applies to areas around the summits of several peaks in Snowdonia, Lake District and Scotland.

Winter Conditions – Any occasion when snow and/or ice conditions are present or can reasonably be expected and cannot easily be avoided. This not based on time of year.

Summer Conditions – Any occasion when Winter Conditions are not present. This not based on time of year.

Walking Group Size – Minimum 4 and maximum 7. There has been a proposal to change this rule – for the most recent information consult Scoutbase or the County Mountain Activities Adviser.

Joint Surrey and GLSW Mountaineering Training Courses:

Skills courses (Mountain Skills and Remote Camping Skills) are run each year at the GLSW base at Bethesda north Wales, details of which can be found on the County website, that are suitable for people requiring an introduction to the activity and those wishing to develop their skills and/or prepare for formal assessment. They involve a day pre-meet held locally and a weekend in the hills, usually in Snowdonia. Assessment can normally be provided by prior arrangement.

MOUNTAINEERING CLUB

Surrey Scout & Guide Mountaineering Club



Secretary: Doug Clements,
7 Ewhurst Close, Cheam SM2 7LN
Tel: 020 8393 5070 Mob07740 646524.
Email: ssgmcsec@aol.com

The Club is a joint organisation of the Scout and Guide Counties of Surrey and Greater London South West. It organises "Away Meets" in the Mountains and evening "Home Meets", usually on, the 2nd Tuesday in the month in the winter. Climbing practice is held at various locations in the summer and there is a "Freshers" away meet each autumn suitable for members of the Scout Network and Leaders without much mountaineering experience.

All Members (over the age of 18 years) of the Movement are welcome to come to any of the winter indoor meetings and any away meets. Although it is necessary to contact the secretary before attending away meets as some only have restricted accommodation.

ORIENTEERING

County Adviser: Chris Wroe

Chris can give advice on all aspects of orienteering. A **permanent orienteering course at Bentley Copse**, supported by British Orienteering, maps are available from the warden.

Equipment is available for loan, including control flags and punches, plus 1km of string on a reel (which can be used to provide a string course suitable for Beaver Scouts to follow, as an introduction to orienteering). There are also several permanent orienteering courses around the county, ideal for a troop or unit activity (see list below).

Number	Factsheets
FS315058	Orienteering badge (scouts) – Scout skills

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- **Orienteering taster sessions** - run by trained British Orienteering coaches, for Scout units or at District, Division or County days or camps;
- British Orienteering **Coach courses** for Scout Leaders to learn how to teach orienteering skills to young people;

Permanent Orienteering Courses:

- Beddington Park, near Wallington
- Horton Country Park, Epsom
- Redhill Common, Redhill
- Oaks Park, Sutton

- Norbury Park, Leatherhead
- Leechpool & Owlbeech Woods, Horsham
- Buchan Country Park, Crawley
Map packs for the above (£1 per pack; additional maps 50p each) available via www.mvoc.org or contact Tony Burton, Mole Valley Orienteering Club, 43 Bramcote Avenue, Mitcham, Surrey CR4 4LW
- Newlands Corner, 4 miles east of Guildford
Map packs £1.50 from the information point at Newlands Corner or contact Guildford Orienteers www.guildfordorienteers.co.uk
- Alice Holt Forest, south of Farnham
Contact Recreation Information Officer Tel: 01420 520212
Email: kathleen.calver@forestry.gsi.gov.uk
- Blackland Farm, East Grinstead
Contact www.blacklandfarm.org.uk Tel: 01342 810493
- Wimbledon Park, Wimbledon.
- Kingsmeadow, Kingston upon Thames

Events: Orienteering events are held nearly every weekend throughout the year in the South-East of England. At all events there are courses suitable for young people and adult novices, with experienced orienteer's on hand to offer advice. For a list of events go to the South-East Orienteering Association website www.seoa.org.uk and click on Events.

Clubs: Local orienteering clubs may be able to help with running taster sessions, providing maps of local parks etc. Visit the South-East Orienteering Association website www.seoa.org.uk for details of your local club.

PIONEERING

Number	Factsheets
FS315056	Pioneering Containing diagrams of pioneering projects
FS315080	Lashing Teach yourself & others

Radio Communications

_Number	Factsheets
FS120502	Radio Communication on Scout Activities A guide for Leaders on the different types of radio communications
FS120503	Using Radio Communications Information and application to use private business radio

SCOUT SHOWS

Adviser: Geoff Benge

Note that from the beginning of 2015 all public performances must be assessed before the “show” is put on.

The County stages a County Gang show each year in which Scouts and Guides take part in.

Joanna Morrison is the person to contact.

TARGET SHOOTING

County Advisers: Jean Jenkins

Jean runs a very successful club in New Malden, primarily for Scouts from Royal Kingston District and puts on shooting courses for the whole County.

The club attends major shooting events in the Country.

Richmond upon Thames District also participates in a local competition from a local shooting club. Contact the DC for information



Number	Factsheets
FS120004	Target Shooting General information and parental permission form

General

A parent or guardian's permission is now specifically required on each occasion that a young person under 18 years old takes part in a shooting activity. Contact an adviser if further guidance is needed. There are facilities for air rifle shooting at the County Campsites at Bentley Copse and Walton Firs. Contact the wardens, for details of costs and availability

WATER ACTIVITIES

County water adviser : Vic Griffiths

County assessors:

Pulling, Robin Corti, Robin Burr and Vic Griffiths

Canoeing and Kayaking, Chris Hampton, George Cambell,

Dinghy sailing, Simon Keen

Power Boating, Paul Green

Personal watercraft (Jet Ski), Paul Green,



General.

Throughout the GLSW County there are numerous water activities. Croydon District have a lake for kayaking and also have the use of local sailing facilities. Most Districts have Sea Scout Groups that can be approached for information and facilities.

Richmond upon Thames District has a very modern 14th Richmond Viking Scout Boating Centre based on the River at Richmond upon Thames using unique boats like The Queens Shallop Jubilant to take out Groups Pulling (Rowing) and these are open to all the County, and regularly take out around 2000 people per year as well as taking part in National events such as The Queens pageant, Olympic torch relay, Lord Mayor’s show etc.. They also organise an annual water weekend at Thames Young Mariners, Ham which is open to Groups from County. They are an British Rowing Explore rowing Centre and can run British Rowing learn to row courses using their British Rowing coaches. Kingston District has a canoe club for their members.

Water Activity Permits:

The Adventurous Activity Permit Scheme applies to all water activities; see the Forward to this booklet. Applications for permits should generally be made on the Application for an Adventurous Activity Permit form, available from the website www.scoutbase.org.uk / Programme support / Activities or from The Scout Information Centre at Gilwell Park. The completed forms should be sent direct to an Assessor. After an assessment has been completed the DC will check the suitability of the candidate and issue a permit.

Water Safety

Number	Factsheets
FS120603	Water Safety (Incorporating lifejackets and buoyancy aids) Specific advice on water safety and activities

:

Remember also that although waters throughout the UK are classified, conditions can change that lead to the waters exceeding the published classification due to heavy rainfall, high spring tides etc. It is the responsibility of the leader in charge to do a risk assessment that takes this into account and that ensures that the water activity does not exceed the permit holder’s authorisation on the day.

OFF SHORE SAILING

Contact the Docklands Scout Project

Number	Factsheets
FS120657	Offshore Sailing
AC120926	Assessment checklist for Offshore Sailing

Power Boating:

Assessor, Paul Green, Chris Hampton

Number	Factsheets
FS120659	Power Boating
AC120928	Assessment checklist for Power Boating

Pulling:

Assessors: Robin Corti, Robin Burr, Peter Hapgood and Vic Griffiths

Number	Factsheets
FS120660	Pulling
AC120929	Assessment checklist for Pulling

Water activities take place regularly across the County, Richmond upon Thames District has the 14th Richmond Viking Scout Boating Centre which is open to the whole County and beyond. They have a modern HQ complete with segregated hall and showers and disabled toilets available for hire.

SCUBA DIVING:

Scuba Diving has been organised by our adviser John Tweedy mainly in local swimming pools, and John can also arrange for PADI courses

Number	Factsheets
FS120662	Scuba Diving
AC120931	Scuba Diving – Leadership
AC120847	Scuba Diving – Personal

BETHESDA MOUNTAIN CENTRE

Situated in North Wales the County has its own mountain base supported by a local, non-resident warden, Bob Lewis. The base contains segregated sleeping accommodation, meeting hall, separate toilets and showers including a leader facility, large Kitchen and also a drying room. The facility has internet connection and telephone. Full details to be found on the County Web site under activities.



Appendix 1 – External Providers (non GLSW Scouts)

Welsh Scout Council - Yr Hafod

They offer basic course in Mountain Leadership for leaders and Scout Network. Hafod is run by Scouts for Scouts, to enjoy the challenges of the mountains to the full, with the security of competent leadership and the provision of quality accommodation in the hart of Snowdonia. The hostel is available for hire to groups up to about 40 in number. More details from Wyn Owen, Glyderi Farm, Foelgastell, Llanelli, Carmarthenshire, SA 14 7EL. Tel 01269 844029 All courses are single weekends except for WGL and ML training and assessment courses.

Contact details Mr. G. Morley, Hillcrest, Skirwith, Penrith, Cumbria, CA10 1RH
Tel. 01768 88709

Email: courses@yrhafod.org.uk, Website: www.yrhafod.org.uk

National Mountain Centre (Plas Y Brenin)

A wide variety of courses are offered covering Rock Climbing; Summer Mountaineering and Hill walking; Winter Mountaineering; Alpine Skiing and Mountaineering; Mountaineering Qualifications and Awards; First Aid; Kayaking and Canoeing. For brochure with dates and costs contact, The National Mountain Centre, Plas Y Brenin, Capel Curig, Gwynedd, L124 OET Tel: 01690 720214, Email: Info@pyb.co.uk Website: <http://www.pyb.co.uk>

Others Providers

There are a whole range of other organisations that provide training and experience in mountain activities. These range from commercial operators, local authorities and charity based training organisations such as the YHA, YMCA and Outward Bound. Details can be found in relevant Magazines (Trail Walker; Great Outdoors; Country Walking) and on the Web. We do not specifically recommend any of these and suggest that you check out fully their qualifications, course content and prices before booking any courses. Relevant advisers would be happy to discuss any issues. Surrey County Council has a list of providers that they will happily send out.

Water Activities Providers

Adventures Offshore is a nationally recognised sail training establishment run as a scout district in Essex. They operate two 15m sailing ketches usually based at Ipswich but one also spends some time on the south coast.

Ask Geoff Dunstan – 01737 555675 for further details or enquire directly of Adventures Offshore – 01206 385071 or web site www.adventures-offshore.co.uk

The **Docklands Scout project** offers a 12m offshore sailing yacht based on the Solent and other sailing and general water activities with enough supporting accommodation for the whole troop based in West India dock.
Dockland Scout Project, Dollar Bay, 631 Manchester Road, LONDON, E14 3NU
Phone: 020 7363 0323 or 020 7 987 1757, Fax: 020 7 363 0388
<http://www.amory.force9.co.uk> or www.dsp.uk.com or E-mail:
dsp@amory.force9.co.uk

If you really wish to taste big ship sailing, the **Tall Ships Youth Trust** runs a 500ton square rigged brig plus several 18m training yachts and an extensive annual programme of cruises including the tall ships race. This organisation is supported by local groups one in the east and one in the west of Surrey who can often provide financial support to young people, e.g., by paying half the cost.

Contact as below or ask Geoff Dunstan (above) for further advice.

Tall Ships Ltd, 2a, The Hard, Portsmouth. PO1 3PT
Phone: 02392 832055 Fax: 02392 815769
Web: <http://www.tallships.org>

Appendix 2 – List of External Providers (Non GLSW Scouts)

Activity	Provider	Phone Number	Web
Canals	Wey & Arun Canal Trust	None	www.weyandarun.co.uk
Car mechanics	GASP	None	www.gaspmotorproject.org
Cinema	Odeon Filmline	0870 5050007	www.odeon.co.uk
Climbing Wall	Brunel University	01895 203305	www.brunel.ac.uk/life/sport/facilities
Climbing Wall	The Castle Climbing Centre	020 8211 7000	www.castle-climbing.co.uk
Climbing Wall	University of Surrey	01483 689201	www.unisport.co.uk
Climbing Wall	High Sport - Redhill	01293 822884	www.high-sports.co.uk
Climbing Wall	Sutton Youth Centre	020 8642 0634	None
Climbing Wall	Craggy Island	01483 566880	www.indoor-climbing.com
Concert tickets	Ticketmaster	020 7316 4709	www.ticketmaster.co.uk
Extreme Ironing	Extreme Ironing Bureau	None	www.extremeironing.com
High Ropes	Treejumpers	0800 0560474	www.treejumpers.com
Ice Hockey	Guildford Flames	01483 443333	www.guildfordflames.com/
Indoor Flying	Air-Crafts	01932 228865	www.air-crafts.com
JCB Driving	Diggerland	08700 344437	www.diggerland.com
Karting	Daytona Karting- Sandown	0845 644 5502	www.daytona.co.uk
Kites	The Kiteman	None	www.kiteman.co.uk
Kurling	New Age Kurling	01303 873270	www.kurling.co.uk/
Losely House	Loseley House	01483 304440	www.loseley-park.com
Miniature Railway	Woking Miniature Railway Society	None	www.wmrs.co.uk/
Mountainboarding	Haredown Mountainboard centre	01243 811976	www.haredown.com
Mountainboarding	Ride The Hill	01453 519113	www.ridethehill.com
Museums	Rural life centre	01252 795571	www.rural-life.org.uk
Radio	Radio Society of Great Britain	0870 904 7373	www.gb4fun.org.uk
Railways	National Rail Enquiries	08457 484950	www.nationalrail.co.uk
Sailing	Adventures Offshore	01206 385071	www.adventuresoffshore.co.uk
Self defence	Suzy Lamplugh Trust	020 8876 0305	www.suzylamplugh.org
Skiing	Christ Collage Ski Centre - Guildford	01483 504988	www.ccski.co.uk
Skiing	Alpine Snowsports - Aldershot	01252 325889	www.alpinesnowsports.co.uk
Surrey hills	Surrey hills	01372 220 653	www.surreyhills.org
Television shows	BBC	None	www.bbc.co.uk/whatson/tickets/
Theme Park	Chessington World of Adventures	0870 444 77 77	www.chessington.co.uk
Theme Park	Thorpe Park	0870 444 44 66	www.thorpepark.co.uk
Theme Park	Legoland	08705 04 04 04	www.lego.com/legoland/windsor
Waterskiing	Thorpe waterski	0870 606 1270	www.jbski.com/

Appendix 3 – National Governing Bodies

Sport	Provider	Phone Number	Web
Archery	Grand National Archery Society	01952 677888	www.gnas.org
Ballooning	British Balloon and Airship Club	0117 953 1231	www.bbac.org
Boating	Royal Yachting Association	023 8062 7400	www.rya.org.uk
Business	Princes Trust	020 7543 1234	www.princes-trust.org.uk
Canals	Inland Waterways Association	01923 711 114	www.waterways.org.uk
Canoeing	British Canoe Union (BCU)	0115 9821100	www.bcu.org.uk
Caving	National Caving Association	See Website	www.nca.org.uk
Circus Skills	European Federation of Circus Skills	(0032) 250 2599 (Brussels)	Unknown
Clay Pigeon Shooting	Clay Pigeon Shooting Association	01483 485400	www.cpsa.co.uk
Climbing	British Mountaineering Council	0870 010 4878	www.thebmc.co.uk
Council	Surrey County Council	08456 009 009	www.surreycc.gov.uk
Cycling	Cyclists Touring Club	0870 873 0060	www.ctc.org.uk
Cycling	British Schools Cycling Association		www.bsca.org.uk
Cycling	British Cycling Federation	0870 871 2000	www.britishcycling.org.uk

Sport	Provider	Phone Number	Web
Disabled Activities	Disability Sport	0161 953 2499	www.disabilitysport.org.uk
Drama	National Operatic and Drama Association	0870 770 2488	www.noda.org.uk
Drama	National Association of Youth Theatre	01325 363330	www.nayt.org.uk
Duke of Edinburgh's Award	Duke of Edinburgh's Award	020 7928 8004	www.theaward.org
Falconry	British Falconers Club	01543 481 737	www.britishfalconersclub.co.uk
Farming	National Federation of Young Farmers Clubs	024 7685 7200	www.nfyfc.org.uk
First Aid	St John Ambulance	08700 10 49 50	www.sja.org.uk
First Aid	British Red Cross	020 7235 5454	www.redcross.org.uk
Footpaths	British Upland Footpaths Trust	0161 4454747	http://users.pandora.be/quarsan/trails/buff2.html
Forestry	Forestry Commission	0845 3673787	www.forestry.gov.uk
Gliding	British Gliding Association	0116 253 1051	www.gliding.co.uk
Hang Gliding/ Paragliding	British Hang Gliding and Paragliding Association	0870 870 6490	www.bhpa.co.uk
Heritage	English Heritage	0870 333 1181	www.english-heritage.org.uk
Horse Sports	British Horse Society	08701 202 244	www.bhs.org.uk
Hovercrafting	Hovercraft Club of Great Britain	See Website	www.hovercraft.org.uk
Land Yachting	British Federation of Sand and Land Yacht Clubs	01904 448618	www.britishlandsailing.co.uk
Local Voluntary	Surrey Council for Voluntary Youth Service	01483 440508	www.surreycvys.org.uk
Microlighting	British Micro light Aircraft Association	01869 338 888	www.bmaa.org
Mountaineering	Mountain Leader Training England	01690 720314	www.mltb.org
Offshore Sailing	Sail Training International	023 92 832055	www.sailtraininginternational.org
Orienteering	British Orienteering Federation	01629 734042	www.britishtorienteeing.org.uk
Outward Bound	Outward Bound	0870 5134227	www.outwardbound-uk.org
Parachuting	British Parachuting Association	0116 278 5271	www.bpa.org.uk
Rifle Shooting	National Small Bore Shooting Association	0845 130 6772	www.nsra.co.uk
Rifle Shooting	National Rifle Association	01483 797777	www.nra.org.uk
Roller Hockey	National Roller Hockey Association	See Website	www.nrha.co.uk
Roller Hockey	British Roller Sports Federation	See Website	www.brsf.co.uk
Rowing and Pulling	British Rowing		
SCRAPP	Surrey Community Recycling and Play Project	01306 730 929	None
Skiing	Snowsport England	See Website	www.snowsportengland.org.uk
Skiing	Ski Club of Great Britain	020 8410 2000	www.skiclub.co.uk
Sub-Aqua	British Sub-Aqua Club	0151 350 6200	www.bsac.com
Surfing	British Surfing Association	01736 360250	www.britsurf.co.uk
Tourism	English Tourism Council	0208 563 3000	www.english tourism.org.uk
Walking	The Ramblers Association	020 7339 8500	www.ramblers.org.uk
Water-skiing	British Water-ski Federation	0171 833 2855	www.britishwaterski.co.uk
Wildlife	English Nature	01733 455101	www.english-nature.org.uk
Wildlife	Royal Society for The Protection of Birds	01767 680551	www.rspb.org.uk
Wildlife	Worldwide Fund for Nature	01483 426 444	www.panda.org
Wildlife	National Trust	0870 609 5380	www.nationaltrust.org.uk
Wildlife	Wildlife Watch	0870 036 7711	www.wildlifewatch.org.uk
Wildlife	National Federation of City Farms	0117 923 1800	www.farmgarden.org.uk
Wildlife	British Trust for Conservation Volunteers	01302 572 244	www.btcv.org.uk
Youth Hostels	Youth Hostels Association	01629 592600	www.yha.org.uk